



FRANK'S® RedHot® BUFFALO CHICKEN DIP



Prep: 5 minutes Bake: 20 minutes Makes: 4 cups

Ingredients:

1 pkg. (8 ounces) cream cheese, softened
1/2 cup blue cheese salad dressing
or ranch salad dressing
1/2 cup any flavor FRANK'S® RedHot® sauce
1/2 cup crumbled blue cheese or shredded
mozzarella cheese (about 2 ounces)
2 cans (12.5 ounces each) Swanson® Premium
Chunk Chicken Breast in Water, drained
Assorted fresh vegetables or crackers

Directions:

1. Heat the oven to 350° F.
2. Stir the cream cheese in a 9-inch deep dish pie plate with a fork or whisk until it's smooth. Stir in the dressing, sauce and blue cheese. Stir in the chicken.
3. Bake for 20 minutes or until the chicken mixture is hot and bubbling. Stir chicken mixture before serving. Serve with the vegetables and crackers for dipping.

PARTY TIPS

- **DOUBLE DIPPERS DENIED**
Serve up crackers, celery and other goodies with the dip already on it. Your guests won't have to do a thing!
- **HOT DIPPITY**
Don't let your dip lose its cool. Serve it in a slow cooker to keep it warm throughout the party.
- **LESS FAT, JUST AS FESTIVE**
You can make a lower-fat version of the dip by using 1/3 less fat cream cheese and reduced-fat blue cheese dressing.

Nutritional Values per Serving (per 2 tablespoons):
Calories 65 . Total Fat 5g . Sodium
260mg . Total Carbohydrate 1g . Protein 3g

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